



The Myth of the Untroubled Therapist: Private Life, Professional Practice

By Marie Adams

Taylor & Francis Ltd. Paperback. Book Condition: new. BRAND NEW, The Myth of the Untroubled Therapist: Private Life, Professional Practice, Marie Adams, Therapists are often expected to be immune to the kind of problems that they help clients through. This book serves to demonstrate that this is certainly not the case: they are no more resistant to difficult and unexpected personal circumstances than anyone else. In this book Marie Adams looks into the kind of problems that therapists can be afraid to face in their own lives, including divorce, bereavement, illness, depression and anxiety and uses the experience of others to examine the best ways of dealing with them. The Myth of the Untroubled Therapist looks at the lives of forty practitioners to learn how they coped during times of personal strife. CBT, psychoanalytic, integrative and humanistic therapists from an international array of backgrounds were interviewed about how they believed their personal lives affected their work with clients. Over half admitted to suffering from depression since entering the profession and many continued practising while ill or under great stress. Some admitted to using their work as a 'buffer' against their personal circumstances in an attempt to avoid focusing on their...



[DOWNLOAD PDF](#)



[READ ONLINE](#)

[2.1 MB]

Reviews

A top quality publication along with the font used was intriguing to read. I really could comprehend everything using this written e ebook. Its been designed in an remarkably straightforward way and it is only after i finished reading through this publication by which basically altered me, modify the way i believe.

-- **Cathrine Larkin Sr.**

Very useful to all of group of people. I actually have read through and so i am certain that i will planning to study yet again once again down the road. I am just very easily can get a satisfaction of looking at a created book.

-- **Mark Bernier**